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Webinars/Workshops/FDP/ FIP/Orientations/Online Courses /Conferences / Workshops/ Programmes/Internship Training Programmes Participated:

Title of the Seminar/ Workshop/FDP	Type	Paper Presented/ Participated	Title of the Paper	Organized By	Date	No.of Days
Tracing the Tides: History & Archaeology of the Chola Maritime Power	International Webinar	Participated	-	Department of Tamil and PG & Research Department of History, St. Mary's College (Autonomous), Thoothukudi in collaboration with International Association of Tamil Research, Malaysia	03.04.2025	1
Refresher Course- Emerging Trends in Historical Studies	National	Completed	-	UGC Malaviya Mission Teacher Training Centre (MMTTC), University of Allahabad, Iswar Saran Post Graduate College, Prayagraj, U.P	23.01.2025-12.02.2025	14
International Conference on 'Exploring the Frontiers of Research:	International Conference	Participated	-	Marian Research Forum, St. Mary's College	19.12.2024	1

Perspectives on the Ethical Challenges and Technological Disruptions'				(Autonomous), Thoothukudi		
State Level Workshop on 'Elevate Your Research: Author and Editor Insights for Publishing in a Reputed Journal	State Workshop	Participated	-	Marian Research Forum, St. Mary's College (Autonomous), Thoothukudi	20.08.2024	1
International Research Methodology Workshop	International Conference	Participated	-	RC 25: Sociology of Sports, Indian Sociological Society, New Delhi & Department of History Providence College for Women, The Nilgiris in Collaboration with Standard College, Manipur & Department of History, St. Mary's College (Autonomous) Thoothukudi, Department of Economics, Kamaraj College, Thoothukudi & Department of History, Govt. Arts College, Rasipuram	23.07.2024 – 27.07.2024	5
NEP 2020 Orientation and Sensitization Programme	National	Participated	-	UGC Malaviya Mission Teacher Training Centre (MMTTC), Bharathidasan University, Tiruchirappalli	01.07.2024 – 10.07.2024	7

Farming and Floral Foot Prints - Tracing Interwoven Historical and Botanical Heritage	National Seminar	Participated	-	Department of Botany in association with PG and Research Department of History, St.Mary's College (Autonomous), Thoothukudi	27.03.2024	1
Role of Women in Enculturation Trajectories	National Seminar	Participated	-	PG and Research Department of History, St.Mary's College (Autonomous), Thoothukudi	23.02.2024	1
Navigating Consultancy, Filing Patent and Designing Research Article; Insights and Strategies	National Seminar	Participated	-	Marian Research Forum and IQAC, St.Mary's College (Autonomous), Thoothukudi	20.01.2024	1
Enduring Legacy of the Indian Constitution	National Seminar	Participated	-	PG and Research Department of History, St.Mary's College (Autonomous), Thoothukudi	30.11.2023	1
Artificial Intelligence [AI] tools for Education with Special Reference to Chat GPT, GPT4 and LAMMA	National Seminar	Participated	-	Library Committee and IIC, St.Mary's College (Autonomous), Thoothukudi	11.08.2023	1
Conference on Ethic in History and Research	International Conference	Participated	-	PG and Research Department of History, St.Mary's College (Autonomous), Thoothukudi	15.03.2023	1

Introduction to Indian Art – An Appreciation	MOOCs Mode, 4 Weeks Course	Completed	-	NPTEL, SWAYM, Ministry of Human Resource Development, Government of India.	July-August 2022	28
Introduction to Modern Indian Political Thought	Online FDP Course	Completed	-	NPTEL, SWAYM, Ministry of Human Resource Development, Government of India.	January – April 2022	84
Sustainability and Challenges of Working Women in Tamil Nadu	National Conference	Presented/Participated	Devadasi System-Tolerance of Abuse	ICHR, Department of History & Research Centre, Nesamony Memorial Christian College, Marthandam.	24.03.2022-25.03.2022	2

Importance of IP in Scientific Research - An Overview	International Webinar	Participated	-	Marian Research Forum, St.Mary's College(Autonomous), Thoothukudi	01.03.2022	1
Kasturbai Gandhi - An Inspiration Behind Satyagraha	Webinar	Participated	-	Department of History, St.Mary's College (Autonomous), Thoothukudi and Government Museums of Nellai, Madurai and Tiruvarur	22.02.2022	1
Situating Tamil Nadu in Freedom Movement: From Anti-Colonial to Nationalist Phase	Special Lecture	Participated	-	Department of History, Bharathidasan University, Tiruchirappalli	27.01.2022	1

Library without walls: E- Resources through NLIST	Hands on Tutorial	Participated	-	Library Committee, St.Mary's College(Autonomous)- Thoothkudi	10.01.2022	1
Trajectories of a Nation Builder: A probe into the legacy of Nehruvian Socialism	National Webinar	Participated	-	Centre for Nehru Studies, Bharathidasan University, Tiruchirappalli	05.01.2022	1
Quality Research Proposal and Publications	Workshop	Participated	-	Marian Research Forum Research Forum, St.Mary's College(Autonomous)- Thoothkudi	17.12.2021	1
Prospects of Social Media Tools on Knowledge Sharing	National Webinar	Participated	-	Institution Innovation Council and Department of Library, St.Mary's College(Autonomous)- Thoothkudi	15.12.2021	1
Remembering Maulana Abul Kalam Azad	National Webinar	Participated	-	PG and Research Department of History, Islamiah College (Autonomous), Vaniyambadi and Decca Society, Hyderabad	12.11.2021	1
Films and Social Representations	International Webinar	Participated	-	Department of History, Christ College, Irinjalakkuda	01.11.2021-02.11.2021	2

Keezhadium Tamilum	Webinar	Participated	-	Tamil Nadu Government Museum, Madurai, Department of History, Cardomom Planters Association College, Theni	29.10.2021	1
Continuum Study of Tamils in Sri Lanka	International Webinar	Participated	-	V.V.Vaniaperu mal College for Women, Virudhunagar	08.10.2021	1
Tribute to the Valiant Hero V.O.C	Webinar	Participated	-	Pearl Research Centre for History, Culture and Tourism, Department of History, St.Mary's College (Autonomous)- Thoothkudi	18.09.2021	1
Revisit Remember andRecognize the Patriotic Heroines of Tamil Nadu in Indian Independence	SpecialLecture	Participated	-	Pearl Research Centre for History, Culture and Tourism, Department of History, St.Mary's College (Autonomous)- Thoothkudi	15.08.2021	1

Intellectual Property Rights	National Workshop	Participated	-	IQAC, Holy Cross College, Agartala	30.07.2021-31.07.2021	2
Museum and Employability	National Webinar	Participated	-	Department of History, Holy Cross College (Autonomous), Nagercoil	30.07.2021	1
ICT Tools for E-Content Making	National FDP	Participated	-	PG and Research Department of History, St. Joseph's College of Arts and Science (Autonomous), Cuddalore	26.07.2021-28.07.2021	3
Feminist Teaching and Research in Higher Education: Theory and Practice	Inter Disciplinary Refresher Course	Completed	-	Teaching Learning Centre Ramanujan Collge, University of Delhi, and Teaching, MHRD, Government of India.	23.07.2021-06.08.2021	14
Girls Are Four Times Resilient Than Boys	International Webinar	Participated	-	Holy Cross College(Autonomous),Nagercoil	19.07.2021	1
Skill Requisites for a Successful Career	International Webinar	Participated	-	Department of History, St. Mary's College (Autonomous)-Thoothkudi	24.06.2021-30.06.2021	7

Changing Global Perspective on Investments-Careers, Financial Statements and Sustainability	International Conference	Participated	-	Govindarao Wanjari College of Engineering and Technology, Nagpur	12.06.2021	1
Methods and Praxix on Social Sciences Research	National Webinar	Participated	-	Mother Theresa College, Tiruvananthapuram	12.06.2021	1
Museums and Their Glorious Services	FDP	Participated	-	Tamil Nadu Government Museum, Tirunelveli, Rajapalayam Rajus' College, Rajapalayam.	11.06.2021-17.06.2021	7
ICT Tools for Effective Teaching Learning	National FDP	Participated	-	IQAC, Kamala Nehru Mahavidyalaya, Nagpur	08.06.2021-10.06.2021	3
Jallianwala Bagh Massacre	National Webinar	Participated	-	Department of History, St. Mary's College (Autonomous) Thoothukudi	13.04.2021	1
Societal Trends	National E - Conference	Participated	Suppression of Women- An Evident Case of Suppressed Female Gender in Kottai Vellalai Community	Department of History, Pearl Research Centre for History, Culture and Tourism, St. Mary's College (Autonomous) Thoothukudi	06.02.2021-07.02.2021	2

National Youth Day	Webinar	Participated	-	Youth Red Cross and Centre for Service Excellence, St.Mary's College (Autonomous) Thoothukudi	12.01.2021	1
Reminiscences of History	National FDP	Participated	-	Department of History, Pearl Research Centre for History, Culture and Tourism, St. Mary's College (Autonomous) Thoothukudi	09.08.2020-15.08.2020	7
A Peep into the Marvels of Colonial Architecture in India	National Webinar	Participated	-	Department of History, Pearl Research Centre for History, Culture and Tourism, St. Mary's College (Autonomous) Thoothukudi	31.07.2020	1
Pandemic Impact on Education	International Webinar	Participated	-	Department of History, Sri Naryana College for Women, Kollam, Kerala	28.07.2021	1
Megalithic Culture of Tamil Nadu	National Webinar	Participated	-	Presidency College(Autonomous)-Chennai	26.07.2020	1

Research Methodology	Online Programe	Participated	-	PG & Research Department of History, Arulmigu Palanianadavar Arts College for Women (Autonomous) Chinnakalayamputhur, Palani.	24.07.2020	1
Soft Skill Development	Webinar	Participated	-	Pearl Research Centre for History, Culture and Tourism, St.Mary's College (Autonomous), Thoothukudi	23.07.2020	1
Effective Use of ICT and E-Content Development	National FDP	Participated	-	Department of Science and Humanities, Atmiya University, Rajkot, Gujarat.	23.07.2020-25.07.2020	3
Breaking the Silence of Indus Valley Civilisation, Necessity of a Multi-Disciplinary Approach	National Webinar	Participated	-	Department of History, Raja Peary Mohan College, Hoogly.	22.07.2020	1
Post Covid-19 Higher Education System	International Webinar	Participated	-	IQAC, Holy Cross College, Agartala	22.07.2020	1
Interactive-Impactful E-Learning Techniques	FDP	Participated	-	KC College of Engineering and Management Studies and Research, Thane	18.07.2020-20.07.2020	3
Evolution of Dravidian Temple Architecture	Webinar	Participated	-	Department of History, St.Mary's College (Autonomous), Thoothukudi	10.07.2020	1

An Update on Covid 19	International Webinar	Participated	-	IQAC, St.Mary's College (Autonomous), Thoothukudi	10.07.2020	1
Tradition: A New Dimension in Modernity,	International Webinar	Participated	-	PG & Research Department of History, Thiru Kolanjiappar Govt. Arts College, Vriddhachalam	09.07.2020 - 10.07.2020	2
Hamari Badalti Duniya: Amreeka Mein Rehte Hindustani Ki Nazar Mein	E-Lecture	Participated	-	Department of History and Tourism, Gandhian Studies Centre, DAV College, Amritsar	09.07.2020	1
Mahabharatha Porin Kalam- A Study	Webinar	Participated	-	Department of History, Bharathidasan University, Tiruchirappalli.	07.07.2020	1
Buddhist Bronzes in Nagapattinam District	Webinar	Participated	-	Department of History, A.D.M. College for Women, Nagapattinam	06.07.2020	1
Folk in the Cyber Space	Webinar	Participated	-	Department of Malayalam and Folklore Club, Al-Ameen College, Edathala.	06.07.2020	1
"Glimpses of Indian Culture and Society	National Webinar	Participated	-	PG & Research Department of History, PSGR Krishnammal College for Women, Coimbatore	01.07.2020 - 05.07.2020	5
	National Webinar		-	IQAC & Department of Economics, History & Political Science, Late	30.06.2020	

Indo-China Relations in Present Context		Participated		Shri Vishnu Waman Thakur Charitable Trust's Bhaskar Waman Thakur College of Science Yashvant KeshavPatil College of commerce Vidhya Dayan and Patil College of Arts (VIVA COLLEGE)		1
Indian History, Indian Heritage, Art and Culture, handicrafts and Local Food	Five Day Series of National Webinar	Participated	-	EBSB Club,V.A. Government Degree College, Atrauli, Aligargh	25.06.2020-29.06.2020	5
Introduction to Indian Temple Architecture and Iconography	Online Programe	Participated	-	Department of History and Directorate of Distance Education (DDE), Alagappa University, Karaikudi.	24.06.2020 – 26.06.2020	2
Skill in Reading Inscriptions	Two Day Online Programe	Participated	-	PG & Research Department of History, Arulmigu Palanianadavar Arts College for Women (Autonomous) Chinnakalayamputhur, Palani.	24.06.2020 - 25.06.2020	2
E-Content Development for Teaching and Learning	National Online Workshop	Participated	-	Government Girls P.G. College, Rampur.	21.06.2020	1

Research Methodology: Tools and Techniques	FDP	Participated	-	Department of History, M.V.Muthiah Government Arts College for Women, Dindigul	18.06.2020 - 24.06.2020	7
Tourism in Medieval South India	National Webinar	Participated	-	PG & Research Department of History, Hajee Karutha Rowther Howdia College (Autonomous), Uthamapalayam, Theni.	17.06.2020	1
Museology & Care of Museum Objects	Internship Training Programme	Participated	-	PG & Research Department of History, Arulmigu Palaniandavar Arts College for Women, Palani & Government Museum, Coimbatore	15.06.2020 - 19.06.2020	5
Socio-Political Trends in India	National Webinar	Participated	-	PG & Research Department of History, Thiru Kolanjiappar Government Arts College, Vriddhachalam,	11.06.2020- 12.06.2020	2
Lionizing the Pallavas: Simhavyala and Lion Bases in Mamallapuram Monuments	International Webinar	Participated	-	Department of History, Tourism and Hospitality B.Voc, Stella Maris College (Autonomous) Chennai.	11.06.2020	1
COVID-19: Facing Challenges with Optimism	International Webinar Series	Participated	-	Quaid-E-Millath Government College for Women (Autonomous)- Chennai	08.06.2020- 12.06.2020	5

Faculty in Universities/College/Institutes of Higher Education	National Faculty Orientation/Induction Programme	Completed	-	Teaching Learning Centre Ramanujan College, university of Delhi, Pandit Madan Mihan Malaviya National Mission on Teachers and Teaching, Ministry of Human Resource Development, Government of India.	04.06.2020-01.07.2020	28
Invisible Scholars: Students with Learning Disabilities & Identification of Students with Learning Disabilities	International FDP	Participated	-	IQAC, St.Mary's College (Autonomous), Thoothukudi	02.06.2020	1
History of Gunnery in India	National Webinar	Participated	-	IQAC & Department of History Sadhana Education Society's L. S. Raheja College of Arts & Commerce Santacruz (W), Mumbai	30.05.2020	1
A Historical View of Covid 19 and its impact in India	Webinar	Participated	-	Department of History, Government College for Women (Autonomous), Kumbakonam.	29.05.2020	1

Historical Roots of Social Distancing	National Webinar	Participated	-	Pearl Research Centre for History, Culture and Tourism, Department of History, St.Mary's College (Autonomous)-Thoothkudi	28.05.2020	1
Teaching Using ICT Tools	FDP	Participated	-	IQAC, Department of BCA & Department of IT,JP College of Arts and Science, Ayikudi, Tenkasi	20.05.2020 - 24.05.2020	5
Importance of Empowerment for Teaching Gurus	FDP	Participated	-	Department of Computer Science, Merit Art and Science College, Idaika, Ambasamudram ,Tirunelveli.	21.05.2020	1
Palm Leaf Manuscript: Reading and Writing Techniques	FDP	Participated	-	Department of Tamil, Sree Saraswathi Thyagaraja College, Pollachi, Coimbatore and Geetha Jeevan Arts and Science College,Thoothu kudi	20.05.2020	1
Managing Online Classes and Co-creating Moocs: 2.0	National FDP	Completed	-	Teaching Learning Centre Ramanujan Collge, university of Delhi, and Teaching, MHRD, Government of India.	18.05.2020 - 03.06.2020	14

Indian Epigraphy with Special Reference to Tamil Nadu	Webinar	Participated	-	Department of History, Alagappa University, Karaikudi.	15..05.2020 - 17.05.2020	3
Innovation to Academicians	National FDP	Participated	-	Ramachandra College of Engineering, Eluru and Department of Science and Technology, Government of India.	11.05.2020 - 16.05.2020	7
Psychological First - Aid	Webinar	Participated	-	Department of Psychology, St. Mary's College (Autonomous), Thoothukudi.	11.05.2020	1
National Digital Library of India	Awareness Webinar	Participated	-	National Digital Library of India ,Ministry of Human Resource Development, Government of India, Institute of Technology	07.05.2020	1
Use of Elsevier Tools in Research Workflow	National Webinar	Participated	-	School of Business and Management, Department of Commerce, University of Madras, Chennai and Elsevier	05.05.2020	1
How to Use Turnitin Software for your Research "Turnitin Online on Campus"	Webinar	Participated	-	Guru Nanak Institute of Management Studies (Approved by AICTE, New Delhi & Affiliated to University of Mumbai)	04.05.2020	1

Enhancing Research Communication Skills through Science Direct and Mendeley	Online Workshop	Participated	-	IQAC& School of Education (PMMMNMSTT) Faculty of Education Dayalbagh Educational Institute, Dayalbagh, Agra- in collaboration with Elsevier	03.05.2020	1
Cognitive Dimensions of Learning	Online Lecture/Webinar	Participated	-	SRM IST Ramapuram Campus Faculty of Engineering and Technology	28.04.2020	1
Teacher to Educational Leader	Webinar	Participated	-	Colombo Plan Staff College,	23.04.2020	1
From Teaching Learners to Teacher Learning	Webinar	Participated	-	Cambridge MENA Online Experience 2020,Cambridge University	15.04.2020	1
Research Methodology for Social Science	Online Course	Completed	-	Indian Academic Researchers Association, Tiruchirappalli.	06.04.2020 - 12.04.2020	7
Introduction to Indian Art- An Appreciation	Online Course	Completed	-	NPTEL,SWAYM, MHRD, Government of India.	Feb-March 2020	28
E-Content One Week Capacity Building Workshop	Workshop	Participated	-	IQAC St. Mary's College (Autonomous) Thoothukudi	18.02.2020-22.02.2020	5
Lineages of Rakhigarhi and Keezhadi Excavations	National	Participated	-	Department of History St. Mary's College (Autonomous) Thoothukudi	24.01.2020	1

Faculty Development Programme	Faculty Development Programme	Participated	-	IQAC St. Mary's College (Autonomous) Thoothukudi & Aadhi Foundation	2019	1
Women Empowerment and Women Entrepreneurs hip	International	Participated	-	Department of Economics St. Mary's College (Autonomous) Thoothukudi	09.12.2019	1
Social Renaissance in India	National Seminar	Participated	-	Department of History St. Mary's College (Autonomous) Thoothukudi	30.01.2019	1
Multidisciplinary Approaches in Social Sciences, Humanities and Sciences (MASHS'18)	International	Paper Published	References on Slavery and Slave Trade – Tamil Nadu	Sri. S. Ramasamy Naidu Memorial College, Sattur	14.12.2018	1
Social Problems in India	State	Participated	-	Department of History Kamaraj College, Thoothukudi	16.03.2018	1
Academic and Research Integrity in the Digital World	National	Participated	-	Research Forum and Department of Library	09.12.2017	1
Seminar on Indo- African Cultural Interface	International	Participated	-	Department of History St. Mary's College (Autonomous) Thoothukudi	02.08.2017	1
Cosmic Concerns: An Interdisciplinary Dialogue in Applied Ethics	National	Participated	-	IQAC St. Mary's College (Autonomous) Thoothukudi	27.01.2017 to 28.01.2017	2

Socio – Economic and Political condition in Tamil Literature	International	Participated	-	Department of History St.Mary's College(Autono mous) Thoothukudi	12.01.2017	1
Road Safety Campaign Programme	Road Safety Campaign Programme	Participated	-	V.O. Chidamabaranar Port Trust, Tuticorin.	20.12.2016	1
Human Rights	Regional	Participated	-	Department of History St.Mary's Colleg e (Autonomous) Thoothukudi	09.12.2016	1
World Tourism Day Quiz (Histo Fest)	Inter- Collegiate Quiz Competition	Participated	-	Department of History St. Mary's College (Autonomous) Thoothukudi	27.10.2016	1
Pazhanthamila rValvumVaral rum'	International	Participated/ Presented	Worship rites and beliefs of Tamils in the Sangam Age- A brief retrospect ive analysis into the verses of the Sangam Age-	St. Mary's College(Autono mous) Thoothukudi	19.03.2016	1
Seminar on Multi Disciplinary Research	National	Participated	-	Marian Research Forum St. Mary's College(Autono mous) Thoothukudi	20.02.2016	1

Quality Enhancement in Higher Education: Teaching, Learning & Evaluation	National	Participated	-	St. Mary's College (Autonomous) Thoothukudi	07.01.2016 to 08.01.2016	2
“Dr.A.P.J. Abdul Kalam – A Versatile Persona”	Workshop	Participated	-	Department of History St. Mary's College (Autonomous) Thoothukudi	12.01.2016	1
Journey of Empowered Marians (JEM)	Summer Intensive Camp	Participated	-	St. Mary's College(Autonomous) Thoothukudi	04.05.2015 to 09.05.2015	6
Higher Education in India: Emerging Needs and Challenges	National Conference	Participated	-	A.P.C.Veerabahu Centenary Committee, V.O.C. College, Thoothukudi.	26.03.2015 & 27.03.2015	2
Human Rights	Regional	Participated	-	Department of History St. Mary's College(Autonomous) Thoothukudi	19.03.2015	1
Research Design in Social Sciences	National	Participated	-	Department of History St. Mary's College(Autonomous) Thoothukudi	18.03.2015	1
Institutional Quality Improvement: Role of ICT	National	Participated	-	IQAC St. Mary's College (Autonomous) Thoothukudi	31.01.2014 to 01.02.2014	2
Demo Moot Court	State	Participated	-	Department of History St. Mary's College(Autonomous) Thoothukudi	28.02.2014	1

Papers Published

Paper Title	Author(s)	Journal	Year	Volume	Issue	Page No.
Devadasi System – Tolerance of Abuse	Dr. J Jane D’ Almeida	National Conference Proceeding on Sustainability and Challenges of Working Women in Tamilnadu– ICHR sponsored	2022	Vol . 1	ISBN: 978-93-81658-33-8	493 - 500
Suppression of Women – An Evident Case of Suppressed Female Gender in KottaiVella Community	Dr. J.Jane D’ Almeida	Modern Thamizh Research	2021	Part 1	Issue: 1	143 - 146
References on Slavery and SlaveTrade – Tamil Nadu	Dr. J.JaneD’ Almeida	International Multidisciplinary Approaches in Social Sciences, Humanities and Sciences (MASHS’18)	December 2018	Vol. 7	Issue: XII	1141-1147
Worship rites and beliefs of Tamils - A brief retrospective analysis into the verses of the Sangam Age-	Dr. J.JaneD’ Almeida	The proceedings of the International Seminar on ‘Tamil Illakiyankazhil Samuga Poruzhathara Arasiyalnilai’	March 2016	-	-	228 - 236

Others:

- ★ AICUF
- ★ Environmental Development Programme
- ★ Departmental In-charge of the Community Development Programme
- ★ Campus Enlightening Committee
- ★ Road Safety Patrol
- ★ Parent Teachers Association
- ★ CDP – Assistant Coordinator
- ★ Member in Certificate Course Committee
- ★ Programme Officer of Youth Red Cross
- ★ Member in Rotaract Club
- ★ Member in Quiz Club